



* **Palm Oasis**



* **Chocolate
Tangerine**



* **Red & Black**



* **Violet Honey**

The Portable Baby Wrap Carrier



The Portable Baby Wrap Easy Cross Carry Tie



The Portable Baby Wrap Carrier is designed to provide maximum comfort, support, portability and ease of use. The unique custom woven cotton fabric has a unidirectional stretch . . . just enough across the width to snuggle your baby securely, but none down the length to make it sag and loosen like stretchy wraps.



The lightweight, breathable nature of the TPB Wrap makes it ideal for hot weather. In cold weather, the slim-fitting, non-bulky fabric enables you to easily wear it under your coat and snuggle baby inside!

I recommend learning the Easy Cross Carry Tie first with your TPB Wrap Carrier. The Cross Carry Tie will allow you to pop your baby in and out of the TPB Wrap easily so that you can use it for shopping, running errands, around the house, wherever and whenever you need it. It is beautifully flexible . . . perfect for newborns and small babies, although it can handle toddlers as well!

Mirror, Mirror Do you have a mirror that you can stand in front of? Seeing yourself helps enormously, and makes the wrap-tying process even simpler, especially the first few times.

Middle marker at the small of your back Find the center of your cloth (marked for you with satin). Place it against the small of your back, (1) satin side out, and bring the ends around (2) to your sides.



Put one end between your knees Take one end of the wrap "strap" and secure it between your knees. (3) This will hold it in place and keep it off the ground. Very handy! Does useful double duty as an inner thigh isometric exercise.

Spread the fabric out and lay it over your shoulder With one end of your wrap secured between your knees, spread out the opposite end and make sure that it's not twisted anywhere. (4) Take the spread wrap and lay it over your shoulder between your neck and the edge of your shoulder (5) (but not over your shoulder cap – that will make it very hard to lift things).

Leave a little bit of slack in the wrap as you lay it across your shoulder – don't pull it tight, but don't let it hang loose either. (6, next page)



see video at theportablebaby.com



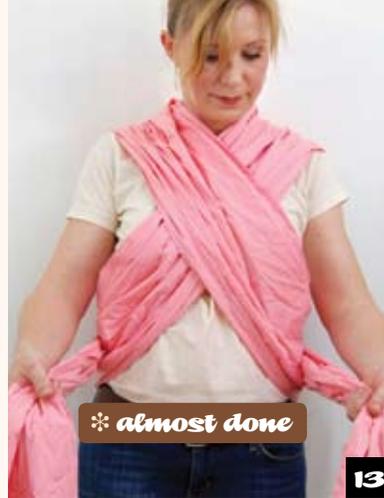
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* almost done

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Now lay it over the other shoulder and do the same thing on the other side. Take the other end of the wrap from between your knees (7) and do the same thing on the other side. (8) Make sure that there are no twists in the fabric as you lay it over your shoulder. When you are done you should have a slightly loose "X" of fabric on your chest. (9)

Cross in back Grab the "straps" of the wrap (10) and make an X at the small of your back. (11) You don't have to worry about keeping the back part twist-free. (12)

Double knot at the waist Bring

the straps around to the front (13) and tie a snug double knot at your belly button. (14)

X marks the spot Now you have an X at your belly. This is where the baby will sit. Take the straps that make up the X and pull them outwards away from you a little to take up the slack behind and make a space to put your baby into. (15)

You might be wondering at this point, "That doesn't look like much room. Will my baby really fit in there?" That should be about right! You want your baby to be snug inside the wrap and be held mainly on your chest,

Hold baby against your body with baby's bottom higher than the X. (16) The baby's head and upper chest should be over your shoulder as shown here. This helps get the legs in easily. Using the other hand, pull the X away from your body. First slip one baby leg into the X. Then the other leg. If it's a snug fit, then you've got it right. (17)

Spread the fabric for a perfect fit Settle your baby down into the carrier by spreading the fabric. Start with the "inside" strap and spread it out to cover the baby from the knee crease to the opposite side of your baby's bum. Make sure the fabric is pulled up behind the baby's back and shoulder as well. (18) Repeat with the "outer" strap on the opposite side for a fully supported newborn/small baby. (19)

see video at theportablebaby.com



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* what a cute baby!



Mirror check Is the baby's bottom lower than your navel? If so, tie your wrap a little tighter next time. The baby should be snug against your chest as shown, (20) not hanging or drooping down loosely. The #1 problem that people have is not tying the wrap tightly enough before putting baby in. If the baby is sitting lower than your navel, your back will start to hurt and your baby may not be well supported in the wrap.

If you need to tighten, then untie the knot, lift the baby up, pull the ends of the wrap tight (taking up any slack), and retie the knot.

One arm out variation Once your baby starts becoming interested in the world, you can leave one arm free on your baby's more active side. Make sure that the wrap is still pulled up (21) behind your baby's back for proper support, and to prevent your baby from leaning over.



Sleeping support If your baby falls asleep and needs extra head support, you can pull the outer edge of the wrap around the back of your baby's head. (22) Baby can sleep comfortably and breathe easily with full upper body support. No head bobbing or slumping, no dangerous chin-to-chest compression.

Both arms out variation Older babies with good torso control can have two arms out. (23) Again, make sure that the wrap is pulled up behind your baby's back enough to provide proper support. Leaners may still need to have one arm in. (21)

see video at theportablebaby.com



Taking your baby out of the wrap No need to untie! If the wrap is covering your baby's arms, pull down the wrap so that both arms are free. Then hook your thumbs under your baby's armpits, (24) lift straight up and out! (25)



Easy in and out - no need to take your wrap off Little babies typically need a lot of in and out . . . for feeding, diaper changes, etc.

The Portable Baby Wrap is so easy . . . you can leave your wrap on after taking your baby out. It's lightweight and comfortable to wear alone, unlike wraps made from heavier, bulkier materials.

The Portable Baby Wrap won't loosen or bag like other wraps made of stretchy fabric, so you can pop your baby in and out all day long without worrying about your wrap becoming too loose and baggy. (26, next page)



see video at theportablebaby.com



The Portable Baby Wrap Carrier

see video at theportablebaby.com



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Storage in the wrap sack When you are ready to take off your TPB Wrap, grab any part of it and start feeding it into the elastic opening of your Wrap Sack. (27) Keep going until the whole wrap is in there. Don't worry about wrinkling, your wrap will actually fit you and your baby a little bit better when it's wrinkled. Of course, if you like a smooth look, you are welcome to iron the fabric.

Your TPB Wrap is kept clean and contained in the stylish TPB Wrap Sack, ready for the next use!

Care instructions Your TPB Wrap is 96% Cotton / 4% Spandex. You can machine wash it on a gentle cycle with cold or warm water. Use gentle detergent. Don't wash it with sharp or rough items (like Velcro) that might damage the fabric. If you want to smooth the fabric after washing, you can iron your wrap on a "cotton" setting (although it actually fits better when wrinkled). Just be

sure to iron the silky middle marker fabric separately on a lower setting. Dry on low to medium heat.

How else can i tie it? Once you're ready to branch out, there are literally dozens more ways to tie your TPB Wrap – see theportablebaby.com/wrap.html.

I love feedback and photos or videos of customers using my product with their babies. Please send them to me at ask@theportablebaby.com, it makes my day!

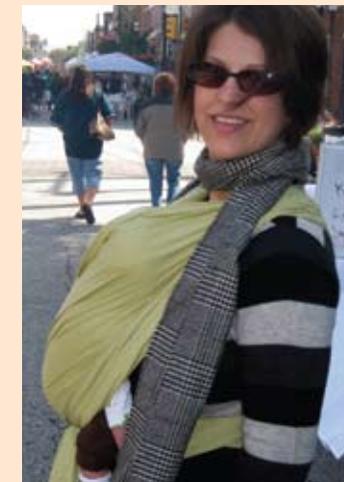
May you and your baby enjoy this wrap in good health!

Laura Hamilton

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* I love you!



Enjoy your TPB Wrap, and please let me know if you have any questions!
ask@theportablebaby.com

Where do I go from here?

As your baby grows to be older and heavier, I recommend that you switch to a carrier that is especially suited for a toddler. When your baby gets to be 20+ pounds, you will probably be more comfortable in a soft structured carrier with a padded waistband to help better support the baby's weight. A soft structured carrier with padded waistband will enable you to wear a child up to 45 pounds comfortably.



Bigger babies and toddlers are usually most comfortable to wear on your back. A back-carrying position not only enables your baby to see what you see (sometimes you have to turn slightly to one side), but will be the most gentle on your own body.

While you certainly CAN do a back carry with your TPB Wrap, I will honestly say that it has a fairly steep learning curve, and is neither as comfortable nor as secure with older babies as a soft structured carrier can be. The best combination is to have a TPB Wrap for when your baby is small (< 20 pounds), and a soft structured carrier for when your baby is older and heavier (> 20 pounds).

So which soft structured carrier is best? I strongly recommend the Boba G2 Toddler Carrier. This carrier does both front and back carries, and it is built to comfortably carry older babies and toddlers, with several unique features such as a tall carrier body and footrests for supporting the long legs of older children. The Boba is my personal carrier of choice for my 3.5 year old on hikes and when traveling (he's 35 pounds), and I even have worn my 6.5 year old occasionally (he's 45 pounds), with remarkable comfort!

You can find out more about the Boba Toddler Carrier (and see other carrier options for older babies) at www.theportablebaby.com. And please feel free to contact me with any questions at ask@theportablebaby.com.

**See the
Boba Toddler Carrier at
[www.ThePortableBaby.com!](http://www.ThePortableBaby.com)**

Boba G2 Toddler Carrier Details

- Recommended for children 15-45 lbs (7-20 kg)
- One size fits most adults
- Front and back carry
- Machine washable
- Detachable sleeping hood/headrest for when your child falls asleep.
- High density waist and shoulder strap foam
- Detachable foot straps for extra leg/hip support.
- High back for better overall support
- Wide carrier base offers excellent weight distribution and comfort
- Carrier body 15 inches wide and 16 inches tall
- 19 inch shoulder straps that extend an additional 19 inches to fit a wide range of wearers.
- 5 inch waistbelt is slim and flexible, but still supportive.
- Weight of the carrier: 1.8 lbs
- User waist range fits 28 - 50 inches (63-127cm).
- User height range fits users between about 5' to 6' tall.
- Recommended care: wash on gentle cycle in cold water with a mild detergent. Hang to dry overnight in well ventilated area, or dry in machine on low until just damp, then remove and hang dry to finish. Spot clean dirty areas whenever possible (with a clean damp sponge) instead of machine washing.
- Unlike framed carriers, maintains your natural center of gravity and balance and is slim and lightweight. Can be rolled up and put in your bag!
- Available in both conventional and organic cottons, in several different colors and prints.



www.ThePortableBaby.com